

London Confucius Institute' annual event - **The 4<sup>th</sup> Experiencing China Day Event** will take place between 11:00 and end at 16:00 in the Brunei Suite, SOAS with the celebration of *Chinese Mid Autumn Festival*. This year, the event is jointly run with London Confucius Institute for Business at LSE, and London Confucius Institute for Chinese Medicine at South Bank University. The event will continue in the evening with performance and talent show in LSE at 19:00 in Old Theatre, Houghton Street, London WC2A 2AE.

The programme for the day includes the following activities:

11:00 – 17:00 **The 4<sup>th</sup> Annual Chinese Learning and Teaching Materials Exhibition**

11:30 – 12:30 **Seminar**            **Chinese Religion and Chinese Way of Life**  
Professor Xinzhong Yao

12:30 – 13:30 **Food and drink**            free finger food/snacks and drink available

### **Participative workshops**

1) 13:00 – 13:45            ***Chinese calligraphy***

The workshop is facilitated by Mr Yizhou Zhao, an established Chinese calligrapher and Mandarin teacher in SOAS Language Centre and London Confucius Institute. He has been very productive in the recent years, and had his personal exhibition with work collected by people such as Prince of Wales. He has also run numerous workshops on Chinese calligraphy. Participants will have chance to observe and try how to use brush pen.

13:45 – 14:00 Chinese Dance performance by London Confucius Institute Dance Group

2) 14:00 – 14:45            ***Chinese Tea-making and Taste of Chinese tea and Moon-cakes***

The workshop is facilitated by specialist from Confucius Institute for Chinese Medicine at South Bank University. The workshop will demonstrate how Chinese tea is made, and have the opportunity to taste the tea made as well as Chinese moon cake to celebrate the Chinese Mid autumn Festival.

3) 15:00 – 15:45            ***Chinese Health and Chinese Massage***

The workshop is facilitated by specialist from Confucius Institute for Chinese Medicine at South Bank University. The workshop will not only talk about the relationship health and massage as a preventive measure, but also teach participants some basics in doing Chinese massage to stay healthy.